

## Climbing Team Code of Conduct:

Every participant and coach is choosing to be part of a <u>team</u> with a common mission to develop high performing climbing athletes in a way that emphasizes fun, fosters a love of the sport, and supports each team member's personal development and growth. The Code of Conduct spells out the manner in which we'll achieve the team's mission and lays out expectations for both coaches and team members in terms of how they represent the team.

## **Coach's Code of Conduct:**

Earth Treks coaches are given an opportunity to be an enormously positive influence on the kids that they coach, both in terms of their climbing performance and personal development. The Coach's Code of Conduct is intended to reinforce that positive influence as opposed to squelching it. However, being a coach is a privilege with great responsibility. Coaches must appreciate and respect the inherent power imbalance that exists in the relationship between a coach and a team member. Coaches are conduits through which the values and goals of the sport are channeled to athletes. Thus, how athletes regard their sport is often dependent on the behavior of their coach. The first item in the Coach's Code of Conduct refers to Earth Treks' Youth Protection Program, which is Earth Treks' compass in the handling of all issues related to the supervision of youth and abuse prevention.

#1: I will always put the well being of climbing team members first and adhere to Earth Treks' Youth Protection Code of Conduct.

My relationship with youth at Earth Treks is professional, not personal.

I'll adhere to the Rule of Threes and avoid isolating myself with a child.

My language, attire, and behaviors shall be age appropriate and professional.

My physical contact with youth will be of an appropriate and professional nature.

The nature of my communication with the youth that I work with will be limited by the context of my professional responsibilities.

I will not tolerate bullying and will take appropriate actions to protect the targeted minor and discipline the individual(s) who are engaged in bullying or hazing.

I will learn to recognize the warning signs of child abuse.

I will take personal responsibility for "pushing it up" by reporting any warning signs I witness.



#2: My coaching methods and style will at all times uphold the core values of respect and fairness.

I will respect myself, the team members and their parents, and all others in the climbing community.

I will display high standards for the sport of climbing and of coaching.

I will treat officials and opponents with respect both in victory and defeat, and promote good sportsmanship amongst the team members. I will uphold the rules of climbing competitions.

I will strive to evenly spread my coaching time among all team members.



#3: I understand that I'm an ambassador for the team, the Earth Treks community, and the sport of climbing and will strive to serve in that role positively at all times.

#4: I will commit myself to the climbing and personal development of each team member.

I will encourage team members to achieve their personal best through positive feedback.

I will ensure that the activities being undertaken are suitable for the age, experience, ability, and fitness level of the team member.

I will promote my own development as a climber and coach by pushing my own personal limits, maintaining a passion for the sport of climbing, and seeking continuing education activities.



## Team Member's Code of Conduct:

#1: I will live up to the core values of respect and fairness.

I will respect myself, my fellow team members and their parents, my coaches, and all others in the climbing community. I will treat my team members as I would like to be treated, and help them attain their goals through my support and encouragement.

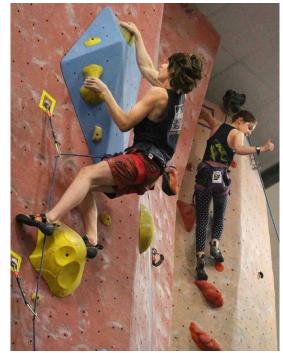
I will display good sportsmanship, in victory and defeat, and uphold the rules of climbing competitions.

#2: I will represent the team positively through my behavior, language, attitude, and dress.

I understand that words are powerful and should be used to build myself and others up.

The team shirt is required for all practices and competitions. All team members will adhere to a "shirts on policy", whether in practice, competitions, or personal climbing at the gyms. The bottom of any shorts must be at least 2 inches below the bottom of a harness leg loop.

#3: I will strive for my personal best, while never forgetting that the goal is to have fun!



#4: My communication with my coaches and parents will be open and honest.